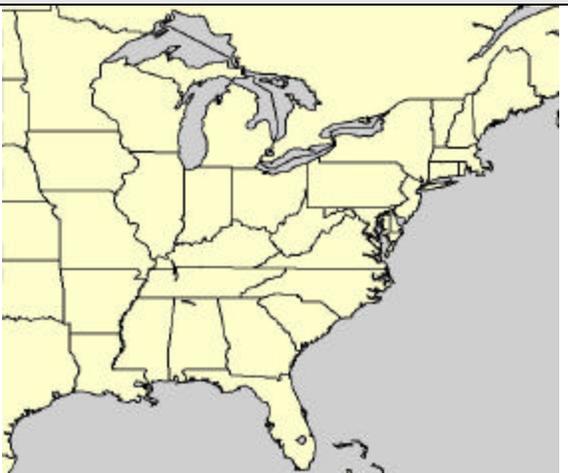
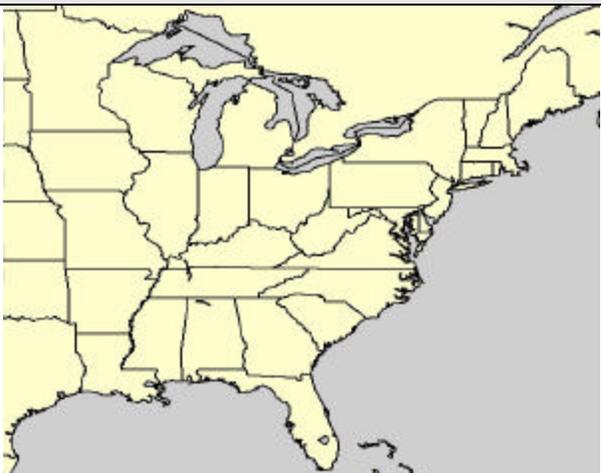


APPENDIX E

FORECAST WORKSHEET

Forecaster:		Date:		Time:	
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SYNOPTIC ANALYSIS

Surface (Highs/Lows/Fronts)	500 MB (Ridges/Trofs/Moisture)
	
Dominate Feature(s):	Dominate Feature(s):
Intensity/Movement:	Vorticity Advection: PVA / Neutral / NVA
Thermal Advection: CAA / Neutral / WAA	Thermal Advection: CAA / Neutral / WAA
Moisture Advection: Moist / Neutral / Dry	Moisture Advection: Moist / Neutral / Dry
300 MB (Jet Stream/Jet Maxes)	ADDITIONAL LEVEL (Ridges/Trofs/Moisture)
	
Jet Orientation: High Zonal / Low Zonal	Dominate Feature(s):
Jet Maxe(s):	Vorticity Advection: PVA / Neutral / NVA

FORECAST SYNOPTIC – MESOSCALE – MICROSCALE JUSTIFICATION

Provide a detailed discussion of the forecast location and intensity of current synoptic/mesoscale features and how they will affect local conditions (25nm radius) during the timeframes indicated. This shall include a justified assessment of potential hazards and warnings that may impact operations during each period.

00-12 Hour Outlook	Valid From:	To:
12-24 Hour Outlook	Valid From:	To:
24-48 Hour Outlook	Valid From:	To:
48-72 Hour Outlook	Valid From:	To:
72-96 Hour Outlook	Valid From:	To: